



REVIEW



October 6, 2023

Message From Administration

Hello Rouge Park Families,

This week we celebrated World Teacher Appreciation Day and National Caretakers Day. We feel so privileged to work with such a dedicated, professional, kind and caring staff. Many of our students presented cards and other tokens of appreciation to our staff which absolutely made their day (see some pictures below)!

We had a fabulous morning for our Terry Fox run on Tuesday! It was amazing coming together for such an important cause. Smiles were abundant as students ran around the school property.

The fall weather is now coming. Please be sure that your children come to school in layers and prepare for the change in weather that typically comes at this time of year.

This weekend we want to wish you all a wonderful Thanksgiving with family and friends.

As always, reach out if you need us for anything. We are here to help.

Have a wonderful weekend,

Lindsey Maclean
lindsey.maclean@yrdsb.ca

Lily Leung
lily.leung@yrdsb.ca

Upcoming Events:

Date	Day	What's Happening at School?
Oct. 9	0	<ul style="list-style-type: none"> Thanksgiving Day - No school
Oct. 10	4	<ul style="list-style-type: none"> Last day to order Spirit Wear on School Cash Online Fire Drill today Intermediate Boys Volleyball @ 7:15 Kid's Kitchen for those who ordered

		<ul style="list-style-type: none"> • Girl's basketball club for grades 5-8 @ 12:20 • Primary choir and primary recorder club @ 12:20 • Intermediate Girls Volleyball 2:40-4:00
Oct. 11	5	<ul style="list-style-type: none"> • Snack shack at morning recess - \$2 per snack • Intermediate Boys Volleyball @ lunch • Junior/intermediate choir and intermediate band @ 12:20 • Lunch Lady for those who ordered • Intermediate girls volleyball game vs. Black Walnut (@ Rouge Park)
Oct. 12	1	<ul style="list-style-type: none"> • Pizza day for those who ordered • Intermediate Girls Volleyball @ lunch • Pop band/Strings club (alternate each week) @ 12:20 • Intermediate boys volleyball game vs. James Robinson (@ Rouge Park)
Oct. 13	2	<ul style="list-style-type: none"> • Dribbling Club for grades 6-8 at morning recess
<p>Upcoming:</p> <p>October is Islamic Heritage Month</p> <p>October 16 - Bomb Threat Drill</p> <p>October 18 - Intermediate girls volleyball tournament (@ Rouge Park)</p> <p>October 19 - Int. boys volleyball game vs. Reesor (@ Rouge Park)</p> <p>October 20 - PA Day</p> <p>October 24 - Hold and Secure Drill</p> <p>November 1 - Grade 8's visit Bill Hogarth</p> <p>November 6 - Fire Drill (Rain date November 7)</p> <p>November 7 - School Council Meeting</p> <p>November 8 - Intermediate girls volleyball game vs. Reesor Park (@ Rouge Park)</p> <p>November 13-16 - Book Fair</p> <p>November 14 - Lockdown Drill</p> <p>November 15 - Picture Retake Day</p>		

International Walk to School Month (IWALK)



International Walk to School Month (IWALK) is an annual celebration of active transportation that takes place around the world throughout the month of October.

When walking to school, here are some important safety tips to remember:

- Look all ways before you cross the street. Always STOP, LOOK and LISTEN before crossing.
- Cross at intersections and crosswalks, when possible.
- Always make eye contact with drivers before you cross the street.

- Obey traffic signals and signs.
- Use a sidewalk if there is one.

For anyone who can't walk or cycle to school every day, we encourage you to try choosing an active mode of travel two or three times a week, or consider parking and walking a block to decrease the pollution and improve safety around your school. If you choose to drive, please be mindful of students who walk and cycle, drive slowly and be highly vigilant of your surroundings.

Benefits of Active School Travel:

- Improves student academic performance by making students more alert and better prepared to learn.
- Improves both physical and mental health.
- Reduces traffic congestion and improves safety for everyone in school zones and around our school community.
- Improves air quality.
- Encourages social interaction and improves social skills.
- Promotes life-long habits that foster independence and active lifestyles, preparing children for their future.
- It's fun!

PA Day Information:

The focus of the October 20 2023 Professional Activity Day is Student Mental Health and Well Being and Curriculum Implementation.

Sharing Professional Activity Day Plans As per PPM 151, Administrators are now required to electronically share their PA Day plans with parents/guardians and School Council Chair(s) and post a copy in a conspicuous place in the main office 14 days prior to the PA day e.g., by October 6, 2023. PA Day plans are also posted on the Board's public website. For your convenience, a copy of the PA Day plan overview is shared below for your use when communicating with your community.

Length: Full Day

Topic: Curriculum Implementation

Description: Staff will engage in learning and dialogue on:

- "Miss, Dismiss, Avoid: Psychological Barriers to Disrupting Racism, Racial Trauma and How to Counteract It".
- Kindergarten Literacy
- Revised Grade 1 to 3 Social Studies Curriculum
- Grades 4, 5, 7 and 8 - STEM and Skilled Trades
- Revised Grade 6 Social Studies Curriculum

Worth Repeating:

School Council

Our next meeting will be **Tuesday, November 7th** beginning at 6:30 pm. All are welcome to attend and babysitting (by grade 8 students) will be provided.

Baking Trays - We Need Them!:

Our primary classes are all using baking trays and magnetic letters for their new reading programs. If you are able to donate a new baking tray, please send one in with your child and we will gratefully accept it.

Spirit Wear:

We are once again selling school spirit wear. The items for sale are listed on School Cash Online. We will be accepting orders **until October 10th**. The flyer below shows pictures of all clothing options. If purchasing spirit wear is not an option for you due to financial constraints, please send me an email (lindsey.maclean@yrdsb.ca). This information will always remain confidential. If you are able to donate spirit wear to support another family, you can also reach out to me.


School Start-Up packages - If you have not filled in your student start-up package, please do so as soon as possible by visiting: <https://startupforms.yrdsb.ca/>

Donations to Rouge Park

This year many of our students have benefited from the generous donations of others in our community. We have had families donate to pizza day, the snack program, school clothing, our grad trip and more. Oftentimes these donations are life-changing for our students as they allow them to fully participate in everything we have to offer. Thank you to everyone who has so generously donated to our school. If you are able, we are currently asking for donations to support all of the above initiatives along with the purchase of picnic tables to be installed on our back tarmac. These picnic tables will be used for outdoor learning while also providing a space for students to sit and chat, play cards, or read during recess times. Donations can be made by clicking on the Donate button on School Cash Online or by sending a cheque made out to Rouge Park Public School.

Attachments for this week:

 Elementary School Year Calendar.pdf

 The Centre for Black Excellence Newsletter October2023.pdf

 GIVE-Get Involved Volunteer in Education

📄 IB-2023-Save-the-Date

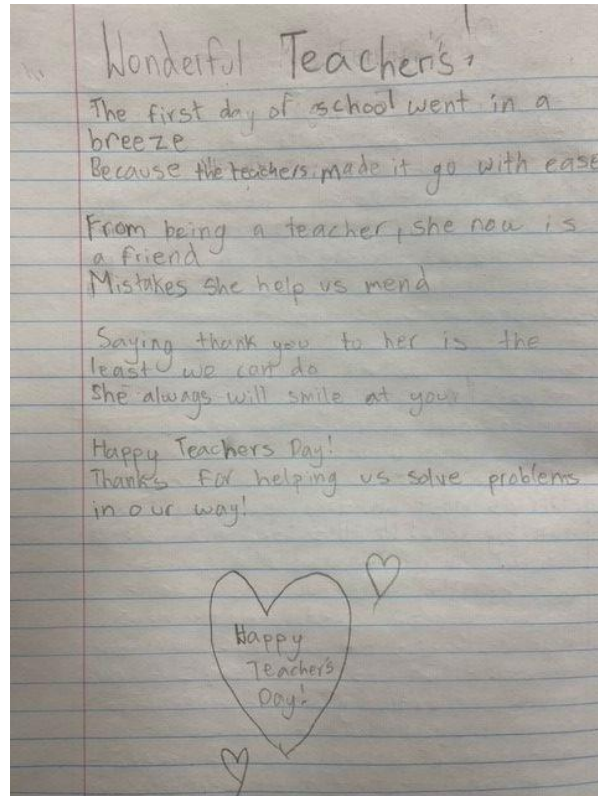
📄 Imagining Muslim Futures

📄 Islamic Heritage Month Event Flyer

📄 Latin Heritage Meet and Greet October 2023.pdf

Scroll Down for Pictures

Teacher Appreciation Day



Thank you for everything you've done for me and the grade 3/4 classroom. Thank you for supplying me with my needs and help.

THANK you for Everything

Orange Shirt Day



Area Cross Country



Terry Fox Run
















ROUGE PARK



Spirit Wear



Price & Description	Item Code		
<p>T-shirt Logo 1</p> <p>Youth: \$15 Adult: \$17</p>	 <p>T1.1</p>	 <p>T1.2</p>	 <p>T1.3</p>
<p>T-shirt Logo 2</p> <p>Youth: \$15 Adult: \$17</p>	 <p>T2.1</p>	 <p>T2.2</p>	 <p>T2.3</p>
<p>Pull-Over Hoodie Logo 1</p> <p>Youth: \$32 Adult: \$35</p>	 <p>H1.1</p>	 <p>H1.2</p>	 <p>H1.3</p>
<p>Pull-Over Hoodie Logo 2</p> <p>Youth: \$32 Adult: \$35</p>	 <p>H2.1</p>	 <p>H2.2</p>	 <p>H2.3</p>

Price & Description	Item Number
<p>Full Zip Logo 1</p> <p>Youth: \$34 Adult: \$38</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>FZ1.1</p> </div> <div style="text-align: center;">  <p>FZ1.2</p> </div> </div>
<p>Full Zip Logo 2</p> <p>Youth: \$34 Adult: \$38</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>FZ2.1</p> </div> <div style="text-align: center;">  <p>FZ2.2</p> </div> </div>
<p>Toque 1</p> <p>\$15</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>TQ1.1</p> </div> <div style="text-align: center;">  <p>TQ1.2</p> </div> <div style="text-align: center;">  <p>TQ1.3</p> </div> </div>
<p>Toque 2</p> <p>\$15</p>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>TQ2.1</p> </div> <div style="text-align: center;">  <p>TQ2.2</p> </div> <div style="text-align: center;">  <p>TQ2.3</p> </div> </div>

ORDERING INFORMATION

To place your order, please log into school cash online through the below link.

<https://yrdsb.schoolcashonline.com/>

YOUTH SIZE CHARTS

HOODIES

	XS (2-4)	S (6-8)	M (10-12)	L (14)	XL (16)
Width	15"	17"	18"	19"	20"
Length	19"	21.25"	22.25"	24"	25.5"
Sleeve	23.5"	26.5"	27.75"	30.25"	33"

T-SHIRT

	XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (18-20)
Width	16"	17"	18"	19"	20"
Length	20.5"	22"	23.5"	25"	26.5"

FLEECE JOGGERS

	S (6-8)	M (10-12)	L (14)	XL (16)
Waist	20-21"	22-23"	24-25"	26-27"
Inseam	19"	22"	25"	28"

GYM SHORTS

	XS	S	M	L
Relaxed Waist	20.5"	21.5"	22.5"	23.5"
Inseam	4.5"	5"	5.5"	6"

ADULT SIZE CHARTS

HOODIES

	S	M	L	XL	2XL
Width	20"	22"	24"	26"	28"
Length	26"	27"	28"	29"	30"
Sleeve	33"	34"	35"	36"	37"

T-SHIRT

	S	M	L	XL	2XL
Width	18"	20"	22"	24"	26"
Length	28"	29"	30"	31"	32"

FLEECE JOGGERS

	S	M	L	XL	2XL
Waist	24-26"	28-29"	30-31"	32-33"	36-37"
Inseam	29"	29.5"	30"	30.5"	31"

GYM SHORTS

	S	M	L	XL	2XL
Relaxed Waist	24"	26"	28"	30"	32"
Inseam	9"	9"	9"	9"	9"



Kids Kitchen is prepared and ready to assist with the safe and healthy implementation of your school's hot lunch program



SAFETY FIRST



NUT FREE ALLERGY AWARE



GRAB & GO



VEGETARIAN, GLUTEN FREE & ALLERGY OPTIONS

SAMPLE MENU

Entrees

Macaroni & Cheese
 Beef Soft Taco
 Bean Soft Taco
 Pancakes with Turkey Sausage
 Pasta with Meat Sauce (GF)
 Pasta with Tomato Sauce (GF)
 Tuna Salad Sandwich on a Kaiser
 Chicken Fingers with Rice (GF)
 Beef Burger (H)
 Chicken Burger (H)
 Veggie Burger

Side Items

Chicken Fingers (2 pcs) (GF)
 Baked Potato with Sour Cream
 Garden Salad with Ranch Dressing
 Steamed Veggies
 Edamame (shelled)
 Cucumber Slices
 Veggies & Dip
 Perogies (4 pcs)
 Garlic Bread
 2% or Chocolate Milk
 Various Fruit Juices (100% juice)

Snacks & Desserts

Fresh Apple
 Fresh Pear
 Fresh Orange Wedges
 Diced Fruit
 Yogurt Cup
 Chocolate Chip Cookie
 Kettle Popcorn
 Fresh Fruit of the Season
 Fudgy Brownie
 Banana or Carrot Muffin

(GF) Gluten-friendly also available

(H) Halal also available

Not all options are available in all locations. Please check online to see the options at your school.

DELIVERING GOOD, REAL FOOD TO KIDS AT SCHOOL

Our commitment is to provide nutritious, delicious, "home-cooked" meals with simple ingredients that you'd find in your own kitchen.

SPECIAL DIETARY NEEDS?

No problem! We're here for you. Speak with us on how we can accommodate your child.

ORDER ONLINE

Visit www.kidskitchen.ca to see your school's menu, specials and for fast, secure, online ordering.



SEE YOUR SCHOOL'S MENU ONLINE

Need Help with your order?

905-944-0210 (M to F 8:30am-2pm) or email us: information@kidskitchen.ca



WELCOME TO THE LUNCH LADY

We are proud to be serving



Ready to place your first order? Visit [our website](#) to get started!



Register for an account



Select School / Camp Delivery



Add student(s) (customers) then select Order Now



Select order delivery date



Add items to cart (return to calendar for more dates)



Check out and complete your order



Relax and let us do the rest!



Special Food needs?
Email us before your first order.



Reduce single use plastics.
Bring your own cutlery from home.



Sick child?
It happens. Email us before 8am to receive a credit.



TRUSTED PROVIDER



SAFETY FIRST



GRAB & GO



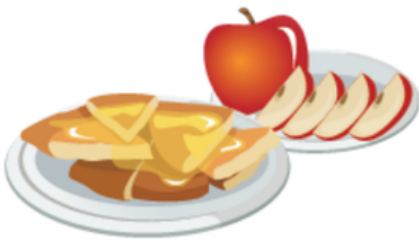
NUT FREE ALLERGY AWARE

Little Lunches by the Lunch Lady

sized for smaller appetites

All Little Lunch combos come with fruit and yogurt.

Perfectly created for little hands!



Pancakes
Little Lunch

Whole grain bite-sized pancakes & side syrup.



Spaghetti & Meatballs
Little Lunch

Whole wheat pasta and beef meatballs in homemade sauce.



Chicken Nuggets
Little Lunch

Lightly breaded, baked chicken breast nuggets.



Grilled Cheese
Little Lunch

Real cheddar on whole wheat.



Mac & Cheese
Little Lunch

Homemade sauce with real cheddar.



Assorted Sides
Available!

Salads, snacks and treats to choose from.

Ready to order?

Visit our online ordering site: order.thelunchlady.ca



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It's fun!

For more information about IWALK Month please visit:

<https://ontarioactiveschooltravel.ca/october-is-iwalk-month/>

